# Harmonic Mean Inequalities for Hyperbolic Functions 

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#### Abstract

Inequalities involving hyperbolic functions have been the subject of intense discussion in recent times. In this work, we establish harmonic mean inequalities for these functions. This complements the results known in the literature. The techniques adopted in proving our results are analytical in nature.


## 1 Introduction

In 1974, Gautschi [9] established that for $z>0$, the harmonic mean of $\Gamma(z)$ and $\Gamma(1 / z)$ is always greater than or equal to 1 , where $\Gamma(z)$ is the classical gamma function. That is,

$$
\begin{equation*}
\frac{2 \Gamma(z) \Gamma(1 / z)}{\Gamma(z)+\Gamma(1 / z)} \geq 1, \quad z>0 \tag{1}
\end{equation*}
$$

Owing to the importance of this elegant inequality, some refinements and extensions have been studied. One may refer to [1], [2], [3], [4], [5], [6], [10] and [11] for such results.

In 2017, Alzer and Jameson [7] established that

$$
\begin{equation*}
\frac{2 \psi(z) \psi(1 / z)}{\psi(z)+\psi(1 / z)} \geq-\gamma, \quad z>0 \tag{2}
\end{equation*}
$$

where $\psi(z)$ is the digamma function.

[^0]In 2018, Yin et al. [16] extended inequality (2) to the $k$-digamma function by proving that

$$
\begin{equation*}
\frac{2 \psi_{k}(z) \psi_{k}(1 / z)}{\psi_{k}(z)+\psi_{k}(1 / z)} \geq \frac{\ln ^{2} k+\gamma^{2}-2(\gamma+1) \ln k}{k[\ln k+\psi(1 / k)]}, \quad z>0, \frac{1}{\sqrt[3]{3}} \leq k \leq 1 \tag{3}
\end{equation*}
$$

In 2019, Nantomah [14] posed the inequality

$$
\begin{equation*}
\frac{2 \beta(z) \beta(1 / z)}{\beta(z)+\beta(1 / z)} \leq \ln 2, \quad z>0 \tag{4}
\end{equation*}
$$

as a conjecture, where $\beta(z)$ is the Nielsen's beta function [13]. Shortly thereafter, Matejicka 12 provided a concrete proof of (4).

Lately, Yildirim [15] improved on inequality (3) by relaxing the condition on $k$ and proving that

$$
\begin{equation*}
\frac{2 \psi_{k}(z) \psi_{k}(1 / z)}{\psi_{k}(z)+\psi_{k}(1 / z)} \geq \psi_{k}(1), \quad z>0, k>0 \tag{5}
\end{equation*}
$$

When $k=1$, inequalities (3) and (5) both reduce to inequality (2).
Also, Bouali [8] extended inequalities (1) and (2) to the $q$-gamma and $q$-digamma functions by proving that

$$
\begin{equation*}
\frac{2 \Gamma_{q}(z) \Gamma_{q}(1 / z)}{\Gamma_{q}(z)+\Gamma_{q}(1 / z)} \geq 1, \quad z>0 \tag{6}
\end{equation*}
$$

and

$$
\begin{equation*}
\frac{2 \psi_{q}(z) \psi_{q}(1 / z)}{\psi_{q}(z)+\psi_{q}(1 / z)} \geq \psi_{q}(1), \quad z>0, q \in\left(0, p_{0}\right) \tag{7}
\end{equation*}
$$

where $p_{0} \simeq 3.239945$. By letting $q \rightarrow 1$, inequalities (6) and (7) respectively reduce to inequalities (1) and (2).

Inspired by the above works, the aim of this paper is to establish analogous results for the hyperbolic functions.

## 2 Main Results

The following lemmas help us to obtain a harmonic mean inequality for the hyperbolic sine function.

Lemma 2.1. The inequality

$$
z \operatorname{coth}(z)>1
$$

holds for $z \in \mathbb{R} \backslash\{0\}$.
Proof. Let $g(z)=z \operatorname{coth}(z)$ for $z \in \mathbb{R} \backslash\{0\}$. Then

$$
g^{\prime}(z)=\operatorname{coth}(z)-z \operatorname{cosech}^{2}(z)=\frac{\operatorname{cosech}^{2}(z)}{2}[\sinh (2 z)-2 z]
$$

Since $\sinh (z)>z$ for $z \in(0, \infty)$ and $\sinh (z)<z$ for $z \in(-\infty, 0)$, we conclude that the function $g(z)$ is increasing on $(0, \infty)$ and decreasing on $(-\infty, 0)$. Thus,

$$
g(z)>\lim _{z \rightarrow 0^{+}} g(z)=1
$$

for $z \in(0, \infty)$ and

$$
g(z)>\lim _{z \rightarrow 0^{-}} g(z)=1
$$

for $z \in(-\infty, 0)$. This completes the proof.
Lemma 2.2. The function $h(z)=z \operatorname{coth}(z) \operatorname{cosech}(z)$ is decreasing for $z \in \mathbb{R} \backslash\{0\}$. Proof. Let $z \in(0, \infty)$. Then by applying Lemma 2.1, we have

$$
h^{\prime}(z)=\operatorname{coth}(z) \operatorname{cosech}(z)[1-z \operatorname{coth}(z)]-z \operatorname{cosech}^{3}(z)<0
$$

By using the fact that the function $h^{\prime}(z)$ is even, we conclude that $h^{\prime}(z)<0$ for $z \in(-\infty, 0)$ as well. Hence $h(z)$ is decreasing for $z \in \mathbb{R} \backslash\{0\}$.

In the following theorem, we obtain some inequalities for the harmonic mean of $\sinh (z)$ and $\sinh (1 / z)$.

Theorem 2.3. The inequality

$$
\begin{equation*}
0<\frac{2 \sinh (z) \sinh (1 / z)}{\sinh (z)+\sinh (1 / z)} \leq \frac{e^{2}-1}{2 e} \tag{8}
\end{equation*}
$$

holds for $z \in(0, \infty)$ and the inequality

$$
\begin{equation*}
\frac{1-e^{2}}{2 e} \leq \frac{2 \sinh (z) \sinh (1 / z)}{\sinh (z)+\sinh (1 / z)}<0 \tag{9}
\end{equation*}
$$

holds for $z \in(-\infty, 0)$. Equality holds in (8) and (9) if $z=1$ and $z=-1$ respectively.

Proof. The cases for equality are obvious. So let $E(z)=\frac{2 \sinh (z) \sinh (1 / z)}{\sinh (z)+\sinh (1 / z)}$ for $z \in$ $\mathbb{R} \backslash\{0\}$ and let $\alpha(z)$ be defined as

$$
\begin{aligned}
\alpha(z) & =z[\operatorname{cosech}(z)+\operatorname{cosech}(1 / z)] \frac{E^{\prime}(z)}{E(z)} \\
& =z \operatorname{coth}(z) \operatorname{cosech}(z)-\frac{1}{z} \operatorname{coth}(1 / z) \operatorname{cosech}(1 / z) .
\end{aligned}
$$

Then by using Lemma 2.2, we get the following four cases.
(a) $\alpha(z)>0$ for $z \in(-\infty,-1)$,
(b) $\alpha(z)<0$ for $z \in(-1,0)$,
(c) $\alpha(z)>0$ for $z \in(0,1)$,
(d) $\alpha(z)<0$ for $z \in(1, \infty)$.

Since $\sinh (z)>0$ for $z \in(0, \infty)$ and $\sinh (z)<0$ for $z \in(-\infty, 0)$, we have $E(z)>$ 0 for $z \in(0, \infty), E(z)<0$ for $z \in(-\infty, 0)$ and $z[\operatorname{cosech}(z)+\operatorname{cosech}(1 / z)]>0$ for all $z \in \mathbb{R}$. Hence
(a) $\alpha(z)>0 \Rightarrow \frac{E^{\prime}(z)}{E(z)}>0 \Rightarrow E^{\prime}(z)<0$ for $z \in(-\infty,-1)$,
(b) $\alpha(z)<0 \Rightarrow \frac{E^{\prime}(z)}{E(z)}<0 \Rightarrow E^{\prime}(z)>0$ for $z \in(-1,0)$,
(c) $\alpha(z)>0 \Rightarrow \frac{E^{\prime}(z)}{E(z)}>0 \Rightarrow E^{\prime}(z)>0$ for $z \in(0,1)$,
(d) $\alpha(z)<0 \Rightarrow \frac{E^{\prime}(z)}{E(z)}<0 \Rightarrow E^{\prime}(z)<0$ for $z \in(1, \infty)$.

Thus, the function $E(z)$ is increasing on $(-1,0) \cup(0,1)$ and decreasing on $(-\infty,-1) \cup(1, \infty)$. Consequently, for $z \in(0,1)$, we have

$$
0=\lim _{z \rightarrow 0^{+}} E(z)<E(z)<\lim _{z \rightarrow 1^{-}} E(z)=\frac{e^{2}-1}{2 e}
$$

and for $z \in(1, \infty)$, we have

$$
0=\lim _{z \rightarrow \infty} E(z)<E(z)<\lim _{z \rightarrow 1^{+}} E(z)=\frac{e^{2}-1}{2 e} .
$$

Hence, inequality (8) holds. Also, for $z \in(-1,0)$, we have

$$
\frac{1-e^{2}}{2 e}=\lim _{z \rightarrow-1^{+}} E(z)<E(z)<\lim _{z \rightarrow 0^{-}} E(z)=0
$$

and for $z \in(-\infty,-1)$, we have

$$
\frac{1-e^{2}}{2 e}=\lim _{z \rightarrow-1^{-}} E(z)<E(z)<\lim _{z \rightarrow-\infty} E(z)=0
$$

Hence, inequality (9) holds. This completes the proof of the theorem.

The following lemma is required in order to prove our next results.
Lemma 2.4. The function $f(z)=z \operatorname{cosech}^{2}(z)$ is decreasing for $z \in \mathbb{R} \backslash\{0\}$.
Proof. Since $z \operatorname{coth}(z)>1$ for all $z \in \mathbb{R} \backslash\{0\}$, then direct computation yields

$$
f^{\prime}(z)=[1-2 z \operatorname{coth}(z)] \operatorname{cosech}^{2}(z)<0
$$

which completes the proof.

In the following theorem, we obtain some inequalities for the harmonic mean of $\tanh (z)$ and $\tanh (1 / z)$.

Theorem 2.5. The inequality

$$
\begin{equation*}
0<\frac{2 \tanh (z) \tanh (1 / z)}{\tanh (z)+\tanh (1 / z)} \leq \frac{e^{2}-1}{e^{2}+1} \tag{10}
\end{equation*}
$$

holds for $z \in(0, \infty)$ and the inequality

$$
\begin{equation*}
\frac{1-e^{2}}{e^{2}+1} \leq \frac{2 \tanh (z) \tanh (1 / z)}{\tanh (z)+\tanh (1 / z)}<0 \tag{11}
\end{equation*}
$$

holds for $z \in(-\infty, 0)$. Equality holds in (10) and (11) if $z=1$ and $z=-1$ respectively.

Proof. The cases for equality are obvious. So let $F(z)=\frac{2 \tanh (z) \tanh (1 / z)}{\tanh (z)+\tanh (1 / z)}$ for $z \in \mathbb{R} \backslash\{0\}$ and let $\beta(z)$ be defined as

$$
\begin{aligned}
\beta(z) & =z[\operatorname{coth}(z)+\operatorname{coth}(1 / z)] \frac{F^{\prime}(z)}{F(z)} \\
& =z \operatorname{cosech}^{2}(z)-\frac{1}{z} \operatorname{cosech}^{2}(1 / z)
\end{aligned}
$$

Then by applying Lemma 2.4 we obtain the following cases.
(i) $\beta(z)>0$ for $z \in(-\infty,-1)$,
(ii) $\beta(z)<0$ for $z \in(-1,0)$,
(iii) $\beta(z)>0$ for $z \in(0,1)$,
(iv) $\beta(z)<0$ for $z \in(1, \infty)$.

Since $\tanh (z)>0$ for $z \in(0, \infty)$ and $\tanh (z)<0$ for $z \in(-\infty, 0)$, we have $F(z)>0$ for $z \in(0, \infty), F(z)<0$ for $z \in(-\infty, 0)$ and $z[\operatorname{coth}(z)+\operatorname{coth}(1 / z)]>0$ for all $z \in \mathbb{R}$. Moreover,
(i) $\beta(z)>0 \Rightarrow \frac{F^{\prime}(z)}{F(z)}>0 \Rightarrow F^{\prime}(z)<0$ for $z \in(-\infty,-1)$,
(ii) $\beta(z)<0 \Rightarrow \frac{F^{\prime}(z)}{F(z)}<0 \Rightarrow F^{\prime}(z)>0$ for $z \in(-1,0)$,
(iii) $\beta(z)>0 \Rightarrow \frac{F^{\prime}(z)}{F(z)}>0 \Rightarrow F^{\prime}(z)>0$ for $z \in(0,1)$,
(iv) $\beta(z)<0 \Rightarrow \frac{F^{\prime}(z)}{F(z)}<0 \Rightarrow F^{\prime}(z)<0$ for $z \in(1, \infty)$.

Thus, the function $F(z)$ is increasing on $(-1,0) \cup(0,1)$ and decreasing on $(-\infty,-1) \cup(1, \infty)$. Because of this, for $z \in(0,1)$, we have

$$
0=\lim _{z \rightarrow 0^{+}} F(z)<F(z)<\lim _{z \rightarrow 1^{-}} F(z)=\frac{e^{2}-1}{e^{2}+1}
$$

and for $z \in(1, \infty)$, we have

$$
0=\lim _{z \rightarrow \infty} F(z)<F(z)<\lim _{z \rightarrow 1^{+}} F(z)=\frac{e^{2}-1}{e^{2}+1}
$$

Hence, inequality 10 holds. Likewise, for $z \in(-1,0)$, we have

$$
\frac{1-e^{2}}{e^{2}+1}=\lim _{z \rightarrow-1^{+}} F(z)<F(z)<\lim _{z \rightarrow 0^{-}} F(z)=0
$$

and for $z \in(-\infty,-1)$, we have

$$
\frac{1-e^{2}}{e^{2}+1}=\lim _{z \rightarrow-1^{-}} F(z)<F(z)<\lim _{z \rightarrow-\infty} F(z)=0
$$

Hence, inequality (11) holds. This completes the proof of the theorem.
In the following theorem, we obtain some inequalities for the harmonic mean of $\cosh (z)$ and $\cosh (1 / z)$.

Theorem 2.6. The inequality

$$
\begin{equation*}
\frac{e^{2}+1}{2 e}<\frac{2 \cosh (z) \cosh (1 / z)}{\cosh (z)+\cosh (1 / z)}<k \tag{12}
\end{equation*}
$$

holds for $z \in(0.161872635,1)$ or $z \in(1,6.177696420)$ and the inequality

$$
\begin{equation*}
2<\frac{2 \cosh (z) \cosh (1 / z)}{\cosh (z)+\cosh (1 / z)}<k \tag{13}
\end{equation*}
$$

holds for $z \in(0,0.161872635)$ or $z \in(6.177696420, \infty)$. Where, $k=2.017775507$. Proof. Let $G(z)=\frac{2 \cosh (z) \cosh (1 / z)}{\cosh (z)+\cosh (1 / z)}$ and $\theta(z)=\ln G(z)$ for $z>0$ and $z \neq 1$. Then

$$
\theta^{\prime}(z)=\frac{\sinh (z)}{\cosh (z)}-\frac{1}{z^{2}} \frac{\sinh (1 / z)}{\cosh (1 / z)}-\frac{\sinh (z)-\frac{1}{z^{2}} \sinh (1 / z)}{\cosh (z)+\cosh (1 / z)}
$$

which implies that

$$
\begin{aligned}
z[\operatorname{cosech}(z)+\operatorname{cosech}(1 / z)] \theta^{\prime}(z) & =z \tanh (z) \operatorname{sech}(z)-\frac{1}{z} \tanh (1 / z) \operatorname{sech}(1 / z) \\
& =\gamma(z)
\end{aligned}
$$

The function $\gamma(z)$ has the roots $z_{1} \approx 0.161872635, z_{2}=1$ and $z_{3} \approx 6.177696420$. In addition, $\gamma(z)<0$ if $z \in\left(z_{1}, z_{2}\right)$ or $z \in\left(z_{3}, \infty\right)$ and $\gamma(z)>0$ if $z \in\left(0, z_{1}\right)$ or $z \in\left(z_{2}, z_{3}\right)$. Thus, $\theta^{\prime}(z)<0$ if $z \in\left(z_{1}, z_{2}\right)$ or $z \in\left(z_{3}, \infty\right)$ and $\theta^{\prime}(z)>0$ if
$z \in\left(0, z_{1}\right)$ or $z \in\left(z_{2}, z_{3}\right)$. As a result of these, $G(z)$ is decreasing if $z \in\left(z_{1}, z_{2}\right)$ or $z \in\left(z_{3}, \infty\right)$ and increasing if $z \in\left(0, z_{1}\right)$ or $z \in\left(z_{2}, z_{3}\right)$. Then for $z \in\left(z_{1}, z_{2}\right)$ we have

$$
\frac{e^{2}+1}{2 e}=G\left(z_{2}\right)<G(z)<G\left(z_{1}\right)=2.017775507
$$

which gives the inequality 12 . Also, for $z \in\left(z_{2}, z_{3}\right)$ we have

$$
G\left(z_{2}\right)<G(z)<G\left(z_{3}\right)=2.017775507
$$

which coincides with 12 . Furthermore, for $z \in\left(0, z_{1}\right)$ we have

$$
2=\lim _{z \rightarrow 0^{+}} G(z)=G\left(0^{+}\right)<G(z)<G\left(z_{1}\right)
$$

which gives the inequality (13). Likewise, for $z \in\left(z_{3}, \infty\right)$ we have

$$
2=\lim _{z \rightarrow \infty} G(z)=G(\infty)<G(z)<G\left(z_{3}\right)
$$

which agrees with (13). This completes the proof.
Remark 2.7. Since the function $G(z)$ in Theorem 2.6 is even, inequality 12 ) also holds for $z \in(-1,-0.161872635)$ or $z \in(-6.177696420,-1)$ and inequality (13) also holds for $z \in(-0.161872635,0)$ or $z \in(-\infty,-6.177696420)$.

In the following theorem, we obtain some inequalities for the harmonic mean of $\operatorname{cosech}(z)$ and $\operatorname{cosech}(1 / z)$.

Theorem 2.8. The inequality

$$
\begin{equation*}
0<\frac{2 \operatorname{cosech}(z) \operatorname{cosech}(1 / z)}{\operatorname{cosech}(z)+\operatorname{cosech}(1 / z)} \leq \frac{2 e}{e^{2}-1} \tag{14}
\end{equation*}
$$

holds for $z \in(0, \infty)$ and the inequality

$$
\begin{equation*}
\frac{2 e}{1-e^{2}} \leq \frac{2 \operatorname{cosech}(z) \operatorname{cosech}(1 / z)}{\operatorname{cosech}(z)+\operatorname{cosech}(1 / z)}<0 \tag{15}
\end{equation*}
$$

holds for $z \in(-\infty, 0)$. Equality holds in (14) and (15) if $z=1$ and $z=-1$ respectively.

Proof. The cases for equality are obvious. So let $H(z)=\frac{2 \operatorname{cosech}(z) \operatorname{cosech}(1 / z)}{\operatorname{cosech}(z)+\operatorname{cosech}(1 / z)}$ for $z \in \mathbb{R} \backslash\{0\}$. Then

$$
\begin{aligned}
z[\sinh (z)+\sinh (1 / z)] \frac{H^{\prime}(z)}{H(z)} & =\frac{1}{z} \cosh (1 / z)-z \cosh (z) \\
& =\phi(z)
\end{aligned}
$$

Since the function $z \cosh (z)$ increasing for all real values, we conclude that $\phi(z)>$ 0 if $z \in(-\infty,-1)$ or $z \in(0,1)$ and $\phi(z)<0$ if $z \in(-1,0)$ or $z \in(1, \infty)$. These imply that $H(z)$ is increasing on $(-1,0) \cup(0,1)$ and decreasing on $(-\infty,-1) \cup$ $(1, \infty)$. Consequently, for $z \in(0,1)$, we have

$$
0=\lim _{z \rightarrow 0^{+}} H(z)<H(z)<\lim _{z \rightarrow 1^{-}} H(z)=\frac{2 e}{e^{2}-1}
$$

and for $z \in(1, \infty)$, we have

$$
0=\lim _{z \rightarrow \infty} H(z)<H(z)<\lim _{z \rightarrow 1^{+}} H(z)=\frac{2 e}{e^{2}-1}
$$

Hence, inequality (14) holds. Also, for $z \in(-1,0)$, we have

$$
\frac{2 e}{1-e^{2}}=\lim _{z \rightarrow-1^{+}} H(z)<H(z)<\lim _{z \rightarrow 0^{-}} H(z)=0
$$

and for $z \in(-\infty,-1)$, we have

$$
\frac{2 e}{1-e^{2}}=\lim _{z \rightarrow-1^{-}} H(z)<H(z)<\lim _{z \rightarrow-\infty} H(z)=0
$$

Hence, inequality (15) holds. This completes the proof of the theorem.
In the following theorem, we obtain an inequality for the harmonic mean of $\operatorname{sech}(z)$ and $\operatorname{sech}(1 / z)$.

Theorem 2.9. The inequality

$$
\begin{equation*}
0<\frac{2 \operatorname{sech}(z) \operatorname{sech}(1 / z)}{\operatorname{sech}(z)+\operatorname{sech}(1 / z)} \leq \frac{2 e}{e^{2}+1} \tag{16}
\end{equation*}
$$

holds for $z \in \mathbb{R} \backslash\{0\}$. Equality holds if $z=1$ or $z=-1$.

Proof. First, we prove the results for $z \in(0, \infty)$. The case for $z=1$ is obvious. So, let $K(z)=\frac{2 \operatorname{sech}(z) \operatorname{sech}(1 / z)}{\operatorname{sech}(z)+\operatorname{sech}(1 / z)}$ for $z \in(0,1) \cup(1, \infty)$. Then

$$
z[\operatorname{sech}(z)+\operatorname{sech}(1 / z)] \frac{K^{\prime}(z)}{K(z)}=\frac{1}{z} \tanh (1 / z) \operatorname{sech}(z)-z \tanh (z) \operatorname{sech}(1 / z)
$$

which implies that

$$
\begin{aligned}
z[\cosh (z)+\cosh (1 / z)] \frac{K^{\prime}(z)}{K(z)} & =\frac{1}{z} \sinh (1 / z)-z \sinh (z) \\
& =\delta(z) .
\end{aligned}
$$

Since the function $z \sinh (z)$ increasing for all real values, we conclude that $\delta(z)>0$ if $z \in(0,1)$ and $\delta(z)<0$ if $z \in(1, \infty)$. Thus, $K(z)$ is increasing on $(0,1)$ and decreasing on $(1, \infty)$. Consequently, we obtain

$$
0=\lim _{z \rightarrow 0^{+}} K(z)<K(z)<\lim _{z \rightarrow 1^{-}} K(z)=\frac{2 e}{e^{2}+1}
$$

for $z \in(0,1)$ and

$$
0=\lim _{z \rightarrow \infty} K(z)<K(z)<\lim _{z \rightarrow 1^{+}} K(z)=\frac{2 e}{e^{2}+1}
$$

for $z \in(1, \infty)$. Hence the inequality (16) holds for all $z \in(0, \infty)$. Since $K(z)$ is an even function, it implies that (16) also holds for $z \in(-\infty, 0)$. This completes the proof of the theorem.

In the following theorem, we obtain some inequalities for the harmonic mean of $\operatorname{coth}(z)$ and $\operatorname{coth}(1 / z)$.

Theorem 2.10. The inequality

$$
\begin{equation*}
\frac{e^{2}+1}{e^{2}-1} \leq \frac{2 \operatorname{coth}(z) \operatorname{coth}(1 / z)}{\operatorname{coth}(z)+\operatorname{coth}(1 / z)}<2 \tag{17}
\end{equation*}
$$

holds for $z \in(0, \infty)$ and the inequality

$$
\begin{equation*}
-2<\frac{2 \operatorname{coth}(z) \operatorname{coth}(1 / z)}{\operatorname{coth}(z)+\operatorname{coth}(1 / z)} \leq \frac{e^{2}+1}{1-e^{2}} \tag{18}
\end{equation*}
$$

holds for $z \in(-\infty, 0)$. Equality holds in (17) and (18) if $z=1$ and $z=-1$ respectively.

Proof. The cases for equality are obvious. So let $T(z)=\frac{2 \operatorname{coth}(z) \operatorname{coth}(1 / z)}{\operatorname{coth}(z)+\operatorname{coth}(1 / z)}$ for $z \in$ $\mathbb{R} \backslash\{0\}$. Then

$$
\begin{aligned}
z[\tanh (z)+\tanh (1 / z)] \frac{T^{\prime}(z)}{T(z)} & =\frac{1}{z} \operatorname{sech}^{2}(1 / z)-z \operatorname{sech}^{2}(z) \\
& =\lambda(z)
\end{aligned}
$$

It follows that $\lambda(z)>0$ if $z \in(-1,0)$ or $z \in(1, \infty)$ and $\lambda(z)<0$ if $z \in(-\infty,-1,0)$ or $z \in(0,1)$. Since $T(z)>0$ for $z \in(0, \infty)$ and $T(z)<0$ for $z \in(-\infty, 0)$, we conclude that $T(z)$ is increasing on $(-\infty,-1) \cup(1, \infty)$ and decreasing on $(-1,0) \cup(0,1)$. Consequently, for $z \in(0,1)$, we obtain

$$
\frac{e^{2}+1}{e^{2}-1}=\lim _{z \rightarrow 1^{-}} T(z)<T(z)<\lim _{z \rightarrow 0^{+}} H(z)=2
$$

and for $z \in(1, \infty)$, we obtain

$$
\frac{e^{2}+1}{e^{2}-1}=\lim _{z \rightarrow 1^{+}} T(z)<T(z)<\lim _{z \rightarrow \infty} H(z)=2
$$

Hence, inequality 17 holds. Also, for $z \in(-\infty,-1)$, we obtain

$$
-2=\lim _{z \rightarrow-\infty} T(z)<T(z)<\lim _{z \rightarrow-1^{-}} H(z)=\frac{e^{2}+1}{1-e^{2}}
$$

and for $z \in(-1,0)$, we obtain

$$
-2=\lim _{z \rightarrow 0^{-}} T(z)<T(z)<\lim _{z \rightarrow-1^{+}} H(z)=\frac{e^{2}+1}{1-e^{2}}
$$

Hence, inequality (18) holds. This completes the proof of the theorem.

## 3 Conclusion

In this work, we have established harmonic mean inequalities for the hyperbolic functions. The inequalities provide lower and upper bounds for harmonic means of these functions. The results established could trigger further investigations on inequalities involving hyperbolic functions. Also, the techniques used could be adopted to establish similar results for trigonometric functions.

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